## AlphaBITS Caregiving Brain Informed, Trauma Sensitive

A workshop and support series for resource families, and other caregivers\* with children in grades TK -4, who are enrolled in Yuba County Schools.



Alpha BITS is a new program, available at no cost to you in 2021. It's based on the bestselling book "The Whole-Brain Child".

We will dive into the brain science behind why connection works to calm tantrums, and outbursts, learn how to reduce the impact of painful memories, and how to teach children to keep their cool.

This series includes one-on-one parent consultation so you can get answers to your questions on applying these 12 Whole-Brain Child Strategies to your child's unique needs.

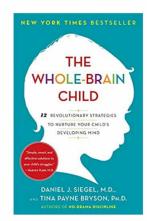
To Reach Our Registration Page Click this link: https://tinyurl.com/AlphaBITS1



Or scan this code with your phone's ← camera app

Social workers if you believe a parent's ability to participate is limited due to a need for a chromebook or wifi please call Wyatt Roberts to discuss program options to meet this need.

\* Also open to non-relative placement caregivers, who have an open case with CAPS, bio families in family maintenance and foster kinship care families.



## **How Does It Work?**

Zoom from the comfort of your home.

No cost for Yuba County Families.

Available for a limited time only.

Includes 6 workshops and up to 6 one-on-one parent consultations with Thelma Amaya, YCOE Child Developent Behavioral Specialist, so you can address your child's unique needs.

Includes two best selling books:
The Whole Brain Child Workbook &
The Whole Brain Child: 12 Revolutionary
Strategies to Nourish Your Child's
Developing Mind

## **Have Questions?**

**Wyatt Roberts** 

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